



Commands

Terminology is an important part of our Taekwon-Do education, but one which is often overlooked by students. We must all learn terminology relevant to our rank including the meaning of belt colours, pattern meanings and commands. As commands given during grading examinations, seminars and competitions are often in Korean it is important that we are familiar with commands in both English and Korean.

The following is a list of the most common commands likely to be encountered by the student:

Attention – Charyot

Bow – Kyong Ye

Ready – Junbi

Start – Sijak

Stop – Guman

Continue – Gaesok

Separate – Haechyo

Return to start position – Barro

At ease (arms only feet remain stationary) – Swiyo

In your own time - Kooryong opshi

In my time – Kooryongy macho

Stepping forward – Nagagi

Stepping backwards – Duruogi

Turn 180 degrees – Twiro Tora

Right – Orun

Left – Wen

Stepping right – Uro

Stepping left – Jaro

Spot turn 180 degrees – Gujari dolgi

Spot technique – Gujari gissool

Clockwise – Chigya ban

Anti-clockwise – chigya bandae Ban Yan

Full facing – Ohnmom

Half facing – Bahnmom

Side facing – Yopmom

Change stance left to right/vice versa – Bal bakwa

Fix dobok – Dobok danshun

Dismiss – Hae san

Minor sparring foul warning – Ju ui (3 warnings = 1 point off)

Foul, yellow card 1 point off – Gam jum

Red card, disqualified – Sil kyuk (3 fouls of very serious offence)

Time stop (e.g. to fix safety equipment) – Jung ji

Red – Hong

Blue – Chong

Red winner – Hong sung

Blue winner – Chong sung

Charyot – Attention

Kyong Ye - Bow